



VIJAYGARH JYOTISH RAY COLLEGE
(8/2, Bijoygarh, Jadavpur, Kolkata-700032)



Report of Health & Students Welfare Cell

About the Cell:

The Health & Students Welfare Cell has been formed to provide basic health care and health related knowledge and welfare facilities to the students, teachers and non-teaching staff. The cell functions by providing basic first-aid, sanitary napkin vending machine and other enrichment programmes on health related issues.

Objectives of the cell:

1. To provide students and staff of the college with basic first-aid facility
2. To promote awareness on prevention and control of major communicable diseases
3. To enrich knowledge by organizing various lectures and workshops on lifestyle and non-communicable diseases
4. To promote social awareness against tobacco use, water wastage and maintenance of a healthy body and mind.
5. Review all matters regarding the Health and Welfare Program available.
6. Submit recommendations concerning health-related matters for consideration to the Authority.

Composition of the Cell:

1. Dr Rajyasri Neogy, **Principal**
2. Soma Majumder, **Convener**
3. Dr Isita Mukherjee, **Jt. Convener**

Members: Dr. Bulbul Biswas, Dr. Anindita Mukherjee, GS(Student Union)

Activities of the Cell

2022-23

WORLD HEALTH DAY 2023

DATE: 07.04.2023

DETAILS:

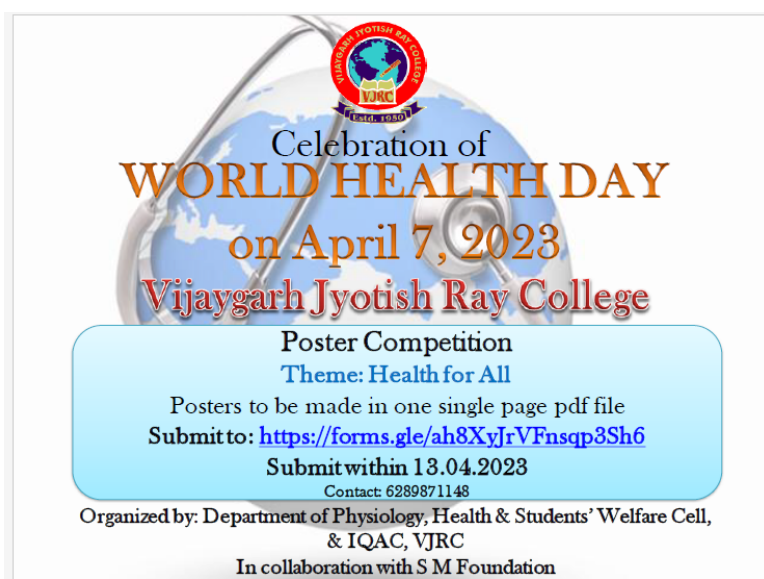
Poster Competition

Theme: Health for

All Posters to be made in one single page pdf file Submit to: <https://forms.gle/ah8XyJrVFnsqp3Sh6>

Submit within 13.04.2023 Contact: 6289871148

Organized by: Department of Physiology, Health & Students' Welfare Cell, & IQAC, VJRC In collaboration with S M Foundation



PARTICIPANTS

Email Address	Name	Department	Semester	Submit poster
aishi.b.0409@gmail.com	Aishi Bhattacharjee	Journalism and mass communication	Sem 2	https://drive.google.com/open?id=1ocys2OdkfxnbO-OA0c8AHLpwACNOi2qN
suphalhere@gmail.com	SUPHAL KANJILAL	JOURNALISM HONS	Sem 2	https://drive.google.com/open?id=15z5U7QYLtgHFsf7vFxtAboHm1_6ql2am
preranadatta.pd2016@gmail.com	Prerana Datta	B. A General	Sem 6	https://drive.google.com/open?id=1FzD3iA7qj-uon3JpBxzeR-KRS1aYmvi
ritikakayal64@gmail.com	Ritika kayal	English	Sem 2	https://drive.google.com/open?id=1sclKrkOe8s_DaEc7PDeR9p_gnFYKpx4-

sreedeeptey04@gmail.com	Sreedeeptey	M.Sc Microbiology	Sem 2	https://drive.google.com/open?id=1ytToNy2ZfMYVK5JAiC5R6mweTMfMYkVu
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CERTIFICATE OF PARTICIPATION

This is to certify that **Suphal Kanjilal, Semester 2, of Journalism and Mass communication (Hons)**, Vijaygarh Jyotish Ray College has participated in the Poster competition held on the occasion of World Health Day on 7th April 2023, organized by Department of Physiology, Health & Students' Welfare Cell, & IQAC, VJRC In collaboration with S M Foundation.

Rajjani Das
Principal
Vijaygarh Jyotish Ray College

Soma Majumder
HOD
Department of Physiology



CERTIFICATE OF PARTICIPATION

This is to certify that **Aishi Bhattacharjee, Semester 2, of Journalism and Mass communication (Hons)**, Vijaygarh Jyotish Ray College has participated in the Poster competition held on the occasion of World Health Day on 7th April 2023, organized by Department of Physiology, Health & Students' Welfare Cell, & IQAC, VJRC In collaboration with S M Foundation.

Rajjani Das
Principal
Vijaygarh Jyotish Ray College

Soma Majumder
HOD
Department of Physiology



CERTIFICATE OF PARTICIPATION

This is to certify that **Prerana Datta, Semester 6, of B.A. General**, Vijaygarh Jyotish Ray College has participated in the Poster competition held on the occasion of World Health Day on 7th April 2023, organized by Department of Physiology, Health & Students' Welfare Cell, & IQAC, VJRC In collaboration with S M Foundation.

Rajjani Das
Principal
Vijaygarh Jyotish Ray College

Soma Majumder
HOD
Department of Physiology



CERTIFICATE OF PARTICIPATION

This is to certify that **Ritika Kayal, Semester 2, of English (Hons)**, Vijaygarh Jyotish Ray College has participated in the Poster competition held on the occasion of World Health Day on 7th April 2023, organized by Department of Physiology, Health & Students' Welfare Cell, & IQAC, VJRC In collaboration with S M Foundation.

Rajjani Das
Principal
Vijaygarh Jyotish Ray College

Soma Majumder
HOD
Department of Physiology



CERTIFICATE OF PARTICIPATION

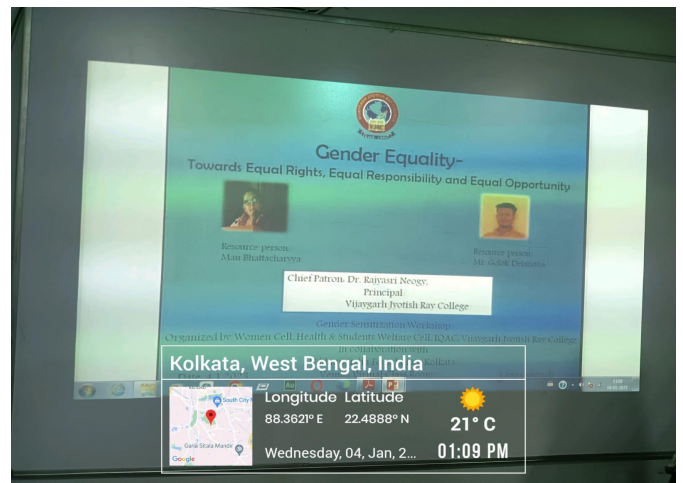
This is to certify that **Sreedeeptey Dey, Semester 2, of M.Sc. Microbiology**, Vijaygarh Jyotish Ray College has participated in the Poster competition held on the occasion of World Health Day on 7th April 2023, organized by Department of Physiology, Health & Students' Welfare Cell, & IQAC, VJRC In collaboration with S M Foundation.

Rajjani Das
Principal
Vijaygarh Jyotish Ray College

Soma Majumder
HOD
Department of Physiology

ONE DAY WORKSHOP ON GENDER SENSITIZATION WITH UDDAMI NGO ON 04.01.2023

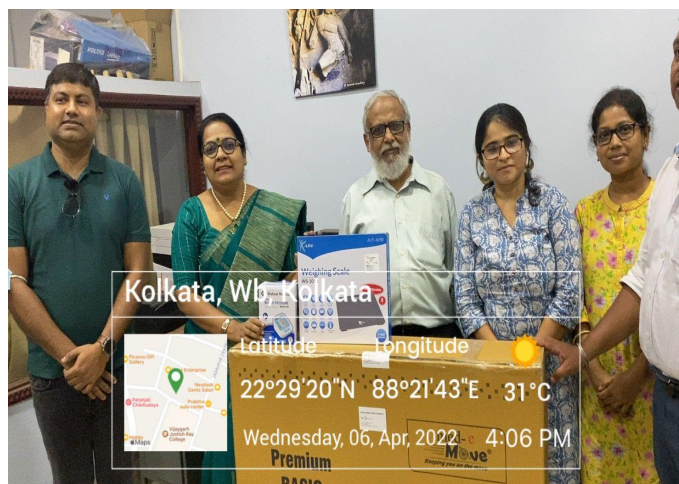




2021-22

ONE OF THE NOTABLE ALUMNI OF OUR COLLEGE DONATED A WHEEL CHAIR, AN OXYGEN TANK, A WEIGHING MACHINE AND A BP MACHINE TO THE COLLEGE IN PRESENCE OF HONOURABLE PRICIPAL AND MEMBERS OF THE HEALTH AND STUDENTS WELFARE CELL

One of our alumni member **Mr. ArindamMitra** donated on oxygen cylinder, wheelchair, digital blood pressure monitor and a weighing scale to the college on 6th April 2022. Given below are some of the pictures of this program.



SKY MEDICAL



139 SARAT PALLY JAYASREE RANGRONI
NEAR JAYASREE KALIBARI
KOLKATA (INDIA), West Bengal - 700020

Name : SKY MEDICAL

Phone : TOLL FREE 1800 572 0805

Email : hello@skymedical.co.in

Website : www.skymedical.in

PAN : ARNPM3205F

GSTIN : 19ARNPM3205F1ZT

TAX INVOICE

ORIGINAL FOR RECIPIENT

Customer Detail		Invoice No.	Invoice Date
M/S	Vijaypath Jyoti Ray College	8	05-Apr-2022
C.Person	TO THE PRINCIPAL	Due Date	05-May-2022
Address	8, 2, Jeddapara Central Rd, Djoyyapara, KOLKATA, West Bengal - 700022		
PHONE	033 2412 4682		
GSTIN	-		
Place of Supply	West Bengal (19)		

Sl. No.	Name of Product / Service	HSN / SAC	Qty	Rate	Disc. (%)	Taxable Value
1	OXYGEN CYLINDER 10.8 LITER WITH FLOWMETER SET WITH REGULATOR SL. NO. CML-76777g	998735	1.00	0.00	-	0.00
		CGST SGST				0.00
Total			1.00			0.00

Total in words

ZERO RUPEES ONLY

HSN / SAC	Taxable Value	CGST		SGST		Total
		%	Amount	%	Amount	
998735	0.00	0.00	-	0.00	-	0.00
Total	0.00		0.00		0.00	0.00

Bank Details

Name INDIAN OVERSEAS BANK
Acc. Number 29860250000129
UPI ID SKY.MEDICAL@IOB

Branch KUDGHAT
IFSC IOBA0002985



Certified that the particulars given above are true and correct.

For SKY MEDICAL

SKY MEDICAL
100, Rajendra Avenue,
Kolkata, India - 700001
PAN: ARNPM3205F

Terms and Conditions

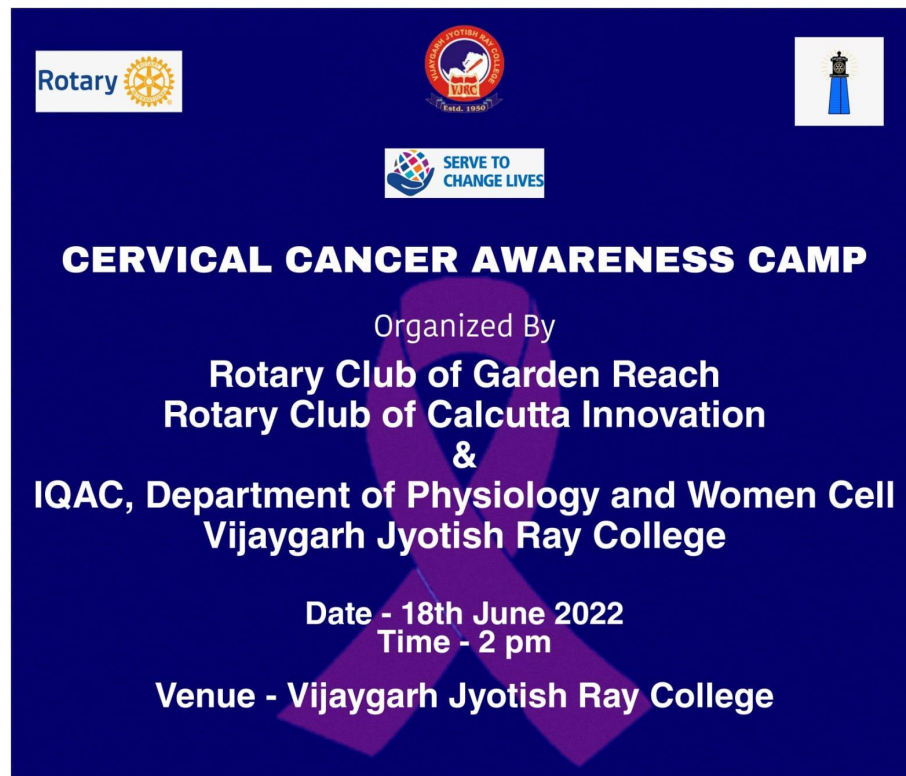
Subject to our home jurisdiction.
Note: Gift Items, No Commercial Value.

Authorized Signatory

OBSERVATION OF WORLD AIDS DAY 2022



CERVICAL CANCER AWARENESS CAMP IN COLLABORATION WITH ROTARY CLUB OF CALCUTTA INNOVATION ON 18.06.2022



The banner is dark blue with a large purple ribbon graphic in the background. It features logos for Rotary, VJRC, and 'SERVE TO CHANGE LIVES' at the top. The text is centered and reads: 'CERVICAL CANCER AWARENESS CAMP', 'Organized By', 'Rotary Club of Garden Reach', 'Rotary Club of Calcutta Innovation & IQAC, Department of Physiology and Women Cell', 'Vijaygarh Jyotish Ray College', 'Date - 18th June 2022', 'Time - 2 pm', and 'Venue - Vijaygarh Jyotish Ray College'.

CERVICAL CANCER AWARENESS CAMP

Organized By
Rotary Club of Garden Reach
Rotary Club of Calcutta Innovation
&
IQAC, Department of Physiology and Women Cell
Vijaygarh Jyotish Ray College

Date - 18th June 2022
Time - 2 pm

Venue - Vijaygarh Jyotish Ray College



The certificate is white with a gold border. It features the same logos as the banner at the top. The text reads: 'CERTIFICATE OF PARTICIPATION', 'This is to Certify that', 'Tshita Axi, VJRC', 'had Participated in the seminar on "Cervical Cancer Awareness Camp" organized by Rotary Club of Garden Reach, Rotary Club of Calcutta Innovation & IQAC, Department Of Physiology and Women Cell, Vijaygarh Jyotish Ray College, Kolkata-700032 on 18th June 2022'. It includes three signatures and titles: 'President, Rotary Garden Reach', 'Secretary, Rotary Calcutta Innovation', and 'Principal, Vijaygarh Jyotish Ray College'.

CERTIFICATE OF PARTICIPATION

This is to Certify that

Tshita Axi, VJRC

had Participated in the seminar on "Cervical Cancer Awareness Camp" organized by
Rotary Club of Garden Reach, Rotary Club of Calcutta Innovation & IQAC,
Department Of Physiology and Women Cell, Vijaygarh Jyotish Ray College,
Kolkata-700032 on 18th June 2022

Signature
President
Rotary Garden Reach

Signature
Secretary
Rotary Calcutta Innovation

Signature
Principal
Vijaygarh Jyotish Ray College



OBSERVATION OF WORLD HEALTH DAY BY ORGANIZING A FREE HEALTH AND EYE CHECKUP CAMP WITH NCC





OBSERVATION OF WORLD WATER DAY ON 22.03.2022





SAVE WATER
SAVE THE PLANET

Every



Drop



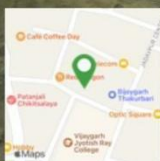
Counts

Water Conservation Awareness Initiative by
Vijaygarh Jyotish Ray College

INSTALLATION OF SANITARY NAPKIN VENDING MACHINE IN GIRLS COMMON ROOM ON
THE OCCASSION OF WOMEN'S DAY 2022 ON 08.03.2022



Kolkata, Wb, Kolkata






Latitude Longitude
22°29'20"N 88°21'43"E 31°C
Tuesday, 08, Mar, 2022 3:41 PM

2020-21

OBSERVATION OF WORLD AIDS DAY ON 01.12,2021 THROUGH CAMPAIGN, RALLY AND INTRA-COLLEGE POSTER COMPETITION

AIDS Awareness Campaign on World AIDS Day 2021
“End Inequalities. End AIDS”

 **Organized by**
Department of Physiology
Department of Journalism and Mass Communications
Department of Microbiology
Health and Students Welfare Cell
Competence Building Cell
NSS and IQAC, Vijaygarh Jyotish Ray College

In collaboration with Rotary Club of Calcutta Innovation

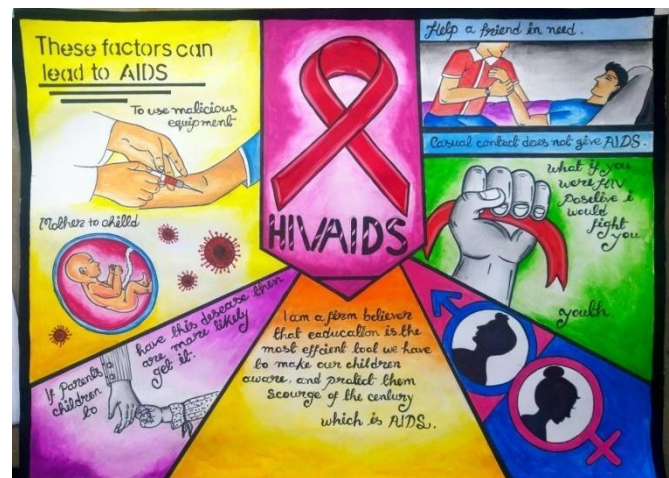
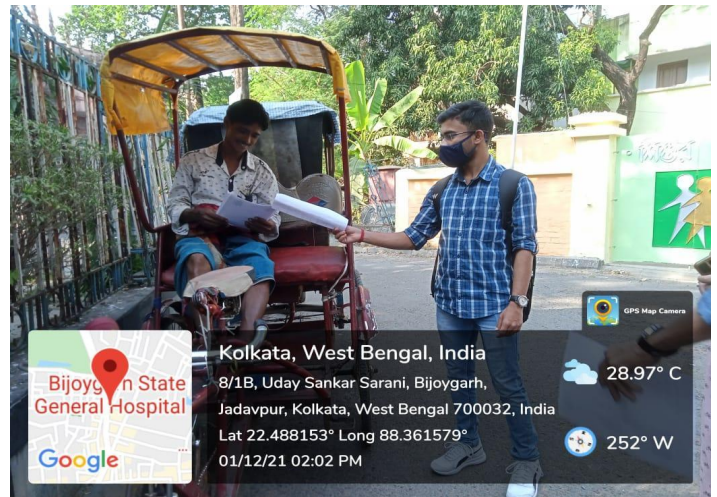
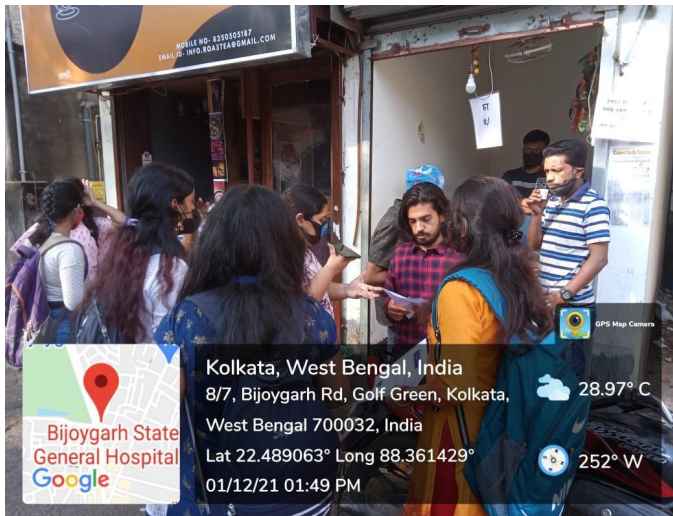
As part of this awareness Campaign, a Poster Competition has been organized for the students based on the theme of World AIDS Day 2021: “End inequalities. End AIDS”

Sub theme:

1. Inequality in Primary Health Care Facilities for HIV patients
2. Gender inequality among HIV patients
3. Regional inequality among HIV patients
4. Economic inequality among HIV patients

Poster can be in either Bengali or English
Content of the poster should be justified on either sides
Poster should be in A3 size
The best poster will be awarded
All participants will get a Certificate of Merit.
Last date of poster submission: 28.11.2021










OBSERVATION OF WORLD HEALTH DAY

World Health Day 2021 was celebrated on 07.04.2021, by Dpt. of Physiology, Science Innovation Centre, Research & Guidance Cell & IQAC of VJRC, Kolkata. The speaker was Dr. Siddhartha Joardar, Prf. Dpt. of Veterinary Microbiology, W.B. University of Animal & Fishery Sciences, Kolkata.

CELEBRATING
WORLD HEALTH DAY 2021
Lecture Session Organised by
**Department of Physiology,
Science Innovation Centre, Research & Guidance Cell
and IQAC**
Vijaygarh Jyotish Ray College
Topic
Second Wave of COVID-19 and Vaccination





Speaker: Dr. Siddhartha Joardar
Professor, Department of Veterinary Microbiology West Bengal University of Animal and Fishery Sciences, Kolkata

Date: 7th April 2021.**Time: 4.30 PM**

G-meet Link: <https://meet.google.com/zzz-tkkh-mdt>

Chief Patron: *Dr. Rajyasri Neogy*, Principal, Vijaygarh Jyotish Ray College

ORGANIZING AN INTERNATIONAL WEBINAR ON COVID-19 LIFESTYLE CHANGES: “TOMORROW’S HABIT”

International Webinar on “Tomorrow’s Habit” was organized by Dpt. of Physiology, Economics with Science Innovation Centre, IQAC,VJRC in collaboration with Creative Science Club,Kolkata on 19.06.2020.This webinar addressed the health-socio-economic changes in the post COVID-19 era

**INTERNATIONAL WEBINAR ON
TOMORROW'S HABIT**
19 JUNE, 2020 | 07:00 PM IST

Organising Committee

DR. RAJYASRI NEOGY
PRINCIPAL

DR. PRASENJIT DAS
IQAC COORDINATOR

DR. SAMPA DEBNATH

DR. ARNAB KUMAR
BANERJEE
CONVENER
SCIENCE INNOVATION CENTRE

PROF. SOMA MAJUMDER
CONVENER

DR. PALASHPRIYA HALDER

Organized by
IQAC, VIHAYGARH JYOTISH RAY COLLEGE
DEPT. OF PHYSIOLOGY | DEPT. OF ECONOMICS
SCIENCE INNOVATION CENTRE

In Collaboration with
CREATIVE SCIENCE CLUB KOLKATA
VIGYAN PRASAR NETWORK OF SCIENCE CLUBS
CLUB UNIQUE AUTHORIZATION NO. (VP-W100067)

Speakers :

DR. SOMA BASU
PHYSIOLOGIST
GERMANY

DR. SUBARNA KUMAR DAS
INFORMATION SCIENTIST

DR. MANAS PRATIM DAS
SCIENCE COMMUNICATOR

DR. SIDDHARTHA NARAYAN
JOYDAR
VIROLOGIST

DR. DEBDOOT GHOSH
THAKUR
JOURNALIST

SUSANTA CHATTOPADHYAY
PUBLIC RELATION
OFFICER

DR. SUBHRANSU ROY
HISTORIAN & SPORTS
RESEARCHER

DR. ATANU BISWAS
DOCTOR

DR. SENJUTI ROY
MUKHERJEE
ACTRESS

**DR. ARNAB KUMAR
BANERJEE
(MODERATOR)**

DR. ABHJIT DAS
ECONOMIST

DR. RAJYASRI NEOGY
EDUCATIONIST

UJJWAL GAYEN
SECRETARY, CREATIVE
SCIENCE CLUB KOLKATA

For Registration : <https://forms.gle/kJYbYsERshs7MBopg>

Further Enquiry:
+91 6289 871 148
+91 8001 123 589

Registration form:

<https://docs.google.com/forms/d/1RngAQelfrqyfb82bPsSdLzZNouAMA2xPbkHFN2EZW3M/edit>

Feedback form:

<https://docs.google.com/spreadsheets/d/1AAmUiJvgdC7LMhGW0MAxevJIP-6LiyZMsio9l6UVI4k/edit#gid=981389619>

2019-20

OBSERVATION OF AIDS DAY 2019 THROUGH LEAFLET DISTRIBUTUION IN THE
SURROUNDING LOCALITY



WORLD AIDS DAY
AWARENESS PROGRAMME
2019

ORGANIZED BY
DEPT. OF PHYSIOLOGY
&
WOMEN'S CELL
VIJAYGARH JYOTISH RAY COLLEGE



HIV ও এইডস কি ?

এইচআইভি হলো হিউম্যান ইমিউনো ডেফিসিয়েন্সি ভাইরাস(HIV) যার দ্বারা সংক্রমিত ব্যক্তি এইডস রোগে আক্রান্ত হন এর ফলে ওই ব্যক্তির রোগ প্রতিরোধ ক্ষমতা কমে যায় ও অন্যান্য রোগ সংক্রমণের আশঙ্কা তৈরি হয়।

এইডস কিভাবে ছড়ায়?

- অসুরক্ষিত যৌন সম্পর্ক
- সংক্রমিত ব্যক্তির রক্ত ও রক্তজাত পদার্থ
- সংক্রমিত সূচ ও সিরিঞ্জের মাধ্যমে
- সংক্রমিত মায়ের থেকে গর্ভস্থ সন্তানে

এইডস কিভাবে ছড়ায় না?

- চোখের জল, ঘাম, লাল রস বা মূত্রের মাধ্যমে ছড়ায় না।
- সংক্রমিত ব্যক্তির সাথে শৌচালয়, চাদর, সাবান, খাদ্যবস্তু ব্যবহার করলেও ছড়ায় না।
- হাচি, কাশি, সামাজিক মেলামেশা যেমন কর্মস্থল, শিক্ষাকেন্দ্রে, সিনেমা হল, রেস্তোরাঁ, জড়িয়ে ধরা বা করমর্দন করলেও এটি ছড়ায় না।
- মশা বা অন্য পোকামাকড়ের কামড়ে এটি ছড়ায় না।

এইডস কিভাবে প্রতিরোধ করব?

- সব সময় সুরক্ষিত যৌন সম্পর্ক বজায় রাখা।
- রক্ত ও রক্তজাত পদার্থ ব্যবহারের আগে জেনে নেওয়া সেটি সংক্রমিত কিনা।
- প্রত্যেকবার নতুন সূচ সিরিঞ্জ ব্যবহার করা।
- বহু যৌন সংসর্গ না করা।

এইচআইভি সংক্রমণ হলে কি করবেন ?

এইচআইভি সংক্রমণ হলেও ভয়ের কোন কারণ নেই বিনামূল্যে আন্টি রেস্টোভাইরাল থেরাপি করালে করালে দীর্ঘ ও সুস্থ জীবন যাপন করা সম্ভব। এই চিকিৎসা নির্দিষ্ট সরকারি হাসপাতালে বিনামূল্যে করানো হয়। এই চিকিৎসা সম্পূর্ণ গোপন ও শুধুমাত্র চিকিৎসকের পরামর্শ ও রোগীর অবস্থা বুঝে করানো হয়।

এইডস সংক্রমণ হলেও সুস্বাস্থ্য বজায় রাখবেন কিভাবে?

- পুষ্টিকর খাবার গ্রহণ করা।
- ওজন নিয়ন্ত্রণ, ধূমপান ত্যাগ ও নেশা জাতীয় বস্তু পরিহার করা।
- নিয়মিত যোগাসন ও চিন্তা মুক্ত জীবন যাপন।
- বহু যৌন সম্পর্ক ত্যাগ করে সুরক্ষিত ও একমাত্র বিশ্বস্ত জীবনসঙ্গীর অভ্যাস।
- প্রতিবার যৌন সংসর্গে কন্ডোম ব্যবহার।



National AIDS Control Organisation
India's Voice against AIDS



বিশ্ব এইডস দিবসে বিজয়গড় জ্যোতিষ রায় কলেজ দ্বারা জনসচেতনতায় প্রচারিত।

2018-19

COMMUNITY SERVICE PROJECT

ON

Child Health Status (Malnutrition)

Conducted by: Department of Physiology
Vijaygarh Jyotish ray College





A survey report was also published

Special Lecture on 'Teenage Girls: Nutritional problem and Contemporary India'

A Special Lecture on 'Teenage Girls: Nutritional problem and Contemporary India' was organized by the Department of Physiology, Vijaygarh Jyotish Ray College on 7th May 2018. The speaker was Dr. Soma Basu, Assistant Professor of Rabindra Bharti University. Given below is the participation list and pictures of the program.

[illegible]

2017-18

Health Awareness Program

A Health Awareness Program was organized for the students on 18th August 2017 by the Health & Student Welfare Cell, Women Cell & IQAC of Vijaygarh Jyotish Ray College in collaboration with Medica Hospital. 45 students were present in the program. Given below is the attendance list and pictures of the program.



Health Awareness Programme



Organized by:

Health and Students' Welfare Cell,
Women Cell, IQAC
Vijaygarh Jyotish Ray College

in collaboration with
Medica Hospital

Date: 18/08/2017

Time: 12 noon

Venue: Rabindra Savagriha





Health Awareness Programme with Medica Hospitals 18.08.2017

Students attendance

Sl. no	Name	Phone no
1	Deep Sandar	7804141068
2	Dehika Dutta	9531531695
3	Soumy Nandy	8481939113
4	Lipi Roy	8481999779
5	Komal Mandal	9933320550
6	Uttam Das	7278658677
7	Tumpa Das	9051945243
8	Payel Das	9674630854
9	Subhashree Das	9330999322
10	Bipshi Naskar	8617639209
11	Chandramali	9850483691
12	Debjani Bisai	9831489153
13	Japaja Chakrabarti	865750205
15	Suman Mandal	9093298963
16	Rina Jale	980627974
17	Buddhadar Maiti	8436752109
18	Prati Sarkar	8620935285
19	Mousumi Halder	9064669334
20	Ravi Bishoi	9330066717
21	Dimesh Sardar	7998124051
22	Sweta Barokait	8358436419
23	Kayna Halder	7029415039
24	Rajshree Chakrabarti	8067338993
25	Tahira Pramanik	6200002706
26	Bappa Das	6294116171
27	Aindrita Kar	9330452495
28	Kiya Bishoi	8967338923
29	Almita Ghosh	9140468031
30	Amrita Das	8910579037
31	Amrita Das	8910519537
32	Mousumi Halder	8064669334
33	Namrata Roy	903007718
34	Shazup Mandal	629702254
35	Amrita Ghosh	8910304936
36	Maitra Kar	9330098363
37	Rita Chatterjee	1073118657
38	Debasmita Basak	7437631855
39	Souvik Adhikary	8910649242
40	Alisha Asik	9153384432
41	Ankita Pradhan	9330801817
42	Bappa Das	6294300654
43	Amrita Ghosh	6200529132
44	Aditi Halder	9007825380
45	Aoichita Roy	6240263185