

3.4.3

EXTENSION AND OUTREACH
PROGRAMS CONDUCTED BY
THE INSTITUTION THROUGH
ORGANIZED FORUMS
INCLUDING NSS/NCC WITH
INVOLVEMENT OF
COMMUNITY

Rajyanti Das

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NSS Activity report for June 2018 to May 2019

Event 1: NSS unit of the Vijaygarh Jyotish Ray College took part in the distribution of New clothes to the poor children on the occasion of Puja on 5.10.2018 organised by an NGO “Garia Sahamarmi”. 17 Students and two faculties of the college took part in this event.



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Participation list:

Rana Das	M	B.A. Political Science Hons
Riju Dey	M	B.A. Political Science Hons
Gobinda Pal	M	B.A. Political Science Hons
Abhijit Ghosh	M	B.A. Political Science Hons
Buddhadeb Debnath	M	B.A. Political Science Hons
Rahul Das	M	B.A. Political Science Hons
Avijit Halder	M	B.A. Political Science Hons
Sanjib Mondal	M	B.A. Political Science Hons
Avi Bhattacharjee	M	B.A. Political Science Hons
Mousumi Mahato	F	B.A. Education Hons
Rupali Shaw	F	B.A. Education Hons
Susmita Sarkar	F	B.A. Education Hons
Arpita Halder	F	B.A. Education Hons
Soumyadip Das	M	B.A. Education Hons
Udisha Mondal	F	B.A. Education Hons
Rahul Halder	M	B.A. Education Hons
Raju Halder	M	B.A. Education Hons

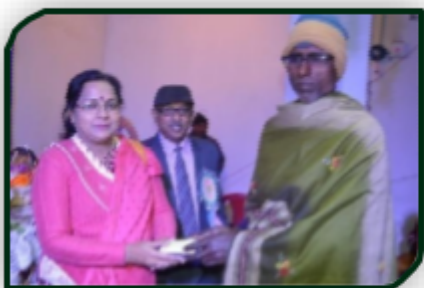
Event 2: NSS unit of Vijaygarh Jyotish Ray College took part in a rally of “ Dengue Awareness programme” held on 17.2.2019. 11 students and 2 faculties of the college took part in this event.



Participation list:

Arpan Sarkar	M	B.A. Education Hons
Kaushik Mandal	M	B.A. Education Hons
Arpan Mitra	M	B.A. Education Hons
Mostakin Sheikh	M	B.A. Education Hons
Jayanti Paul	F	B.A. Education Hons
Susmita Chakraborty	F	B.A. Education Hons
Shibu Halder	M	B.A. Education Hons
Sayan Nandy	M	B.A. Education Hons
Purnendu Dey	M	B.A. Education Hons
Arijit Pramanick	M	B.A. Education Hons
Amit Hazari	M	B.A. Education Hons

Event 3: NSS unit of Vijaygarh Jyotish Ray College donated 30 spectacles to the aged poor in a free eye operation camp organized on 2.2.2019 by a NGO “Garia Sahamarmi”. 2 students and 2 faculties of the college took part in this event.



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Participation list:

1. RUMA PAUL 9748566036

2. AVISHEK MONDAL 6291637898

Event 4: NSS unit of Vijaygarh Jyotish Ray College organized a special camp in a nearby slum. The objective of the camp is to develop an awareness about social service and establish a contact with the slum people and to do something for the children of the marginalized family. 50 students and 10 faculties of the college participated in this event.

1: Inauguration 18.1.2019



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2: Drawing classes in the slum were held on 19.1.2019, 20.1.2019 and 21.1.2019 and drawing

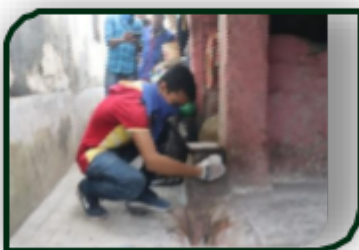


Competition by children of the slum was held on 23.1.2019.

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3: Area cleaning by NSS Volunteer was held on 19.1.2019 and 20.1.2019



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4: Survey by NSS volunteer in the slum was held on 19.1.2019 and 20.1.2019



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5. Health check up by doctor in the slum area was held on 21.1.2019.



6. Dance, recitation etc classes for the slum children were organized during the camp from 19.1.2019 to 22.1.2019 and a Cultural performance by NSS volunteers and children of the slum was held on 24.1.2019 and prize distribution took place on that day.



● Prize distribution:



Participation list:

1. Debanjana Debnath 7980712171
2. Prasun Mandal 7003079646
3. Sanju Das 9804175117
4. Riya Biswas 7439067038
5. Tapash Naskar 7003282267
6. Dipankar Dhali 6397221059
7. Babli dey Sarkar 6290564748
8. Somnath Bhowmik 7980742321

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9. Arijit Dey 9123080472
10. Somnath Ray 8777538133
11. RUMA PAUL 9748566036
12. AVISHEK MONDAL 6291637898
13. ATASHI MONDAL 9330109887
14. APARNA NASKAR 7044183010
15. Tapash Naskar 7003282267
16. Reshmi Halder
17. Sonamani Mistry
18. Rasmita Das
19. Parul Halder
20. Suman Naskar
21. Rahul Sardar
22. Sujay Halder
23. Supriya Singh
24. Mangal Halder
25. Purnima Saha
26. Riya Dey
27. Papri Roy
28. Kakali Mandal
29. Rhittika Naskar
30. Hrittika Bhattacharjee
31. Rupali Shaw
32. Susmita Sarkar
33. Arpita Halder
34. Soumyadip Das
35. Udisha Mondal
36. Rahul Halder
37. Raju Halder
38. Arnab Naskar
39. Labani Sardar
40. Phalguni Mondal

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41. Jayeta Kayal
42. Riya Mondal
43. Anamika Mandal
44. Arpita Dutta
45. Dipak Kumar Sharma
46. Amit Joddar
47. Sanjib Kumar Banik
48. Rakesh Naskar
49. Ramkrishna Purkait
50. Bidyut Aulia

Event No. 5: Gender Sensitization Programme

An awareness program on gender sensitization was organized by the Women Cell of the college on 13th March 2019 in collaboration with SWAYAM. 58 students participated in the seminar.

Swayam is a feminist organization committed to advancing women's right and ending discrimination and violence against women and girls, based in Kolkata. It works to end discrimination and violence against women, advance women's right and facilitate women empowerment.

The students were invited to participate in the program, in which they interacted with the representatives from SWAYAM. The students shared their personal experience of gender related violence and discrimination they faced at home and outside. The Swayam representative gave their valuable guidance and assured the students further help in this regard. 58 participants took part in this event.

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Gender Sensitisation Program

organised by Women Cell, Vijaygarh Jyotish Ray College in collaboration with Swayam on 13.03.2019

List of participants

Sl. No.	Name
1	Porei Mondol
2	Susmita Ghosh
3	Aban Halder
4	Mouli Nag
5	Sankar Ghosh
6	Nitya Dham
7	Purnima
8	Abhijit Das
9	Shreyas Mondol
10	Rashmi Bhattacharya
11	Bonnie Chatterjee
12	Joy Bhattacharya
13	Ankita Bhattacharya
14	Aniket Das
15	Rajen Saha
16	Rajul Roy
17	Pranika Paul
18	Mouli Paul
19	Rupali Das
20	Nilu Sutadhar
21	Raja Sarker
22	Kuntal Roy
23	Maitree Das
24	Debasree Bhattacharya
25	Asmita Das
26	Gourab Koley
27	Dehimi Mishra
28	Ria Dhar

Sl. No	Name
30	Ratul Singh
31	Pradyot Halder
32	Abhinav Barui
33	Tanmayee Pradhan
34	Mausumi Saha
35	Sukanya Sarkar
36	Rashmi Chelun
37	Pranika Das
38	Rishi Das
39	Arjun Das
40	Kuchita Saha
41	Pooja Saha
42	Riya Saha
43	Babita Barman
44	Riya Mondol
45	Shreyas Mondol
46	Shikha Bhattacharya
47	Sucheta Malakar
48	Tanmay Saha
49	Pranika Saha
50	Pranika Saha
51	Aniket Das
52	Pradyot Halder
53	Aniket Das
54	Pranika Saha
55	Ratul Singh
56	Shreyas Mondol
57	Pranika Saha
58	Samazrita Banerjee
59	
60	
61	
62	
63	
64	



Report of activities and achievements of VJRC NCC unit during period June 2018-May 2019

Every year, the unit takes part in various activities such as social work, training activities, conferences, annual training camps, national camps etc. During the period June 2018-May 2019 also, the unit proudly conducted its activities in close coordination with the affiliating battalion, 39 Bengal Bn NCC, Jadavpur, Kolkata. This report is not only a reflection of such activities and initiatives undertaken by the cadets but also reflects the hard work and dedication displayed by the cadets while performing duties regardless of difficult or challenging situations faced by them. Such experience leads to simultaneous holistic development in the cadets. Since 2004, NCC unit of VJRC has been a pivotal organization bringing glory to the college and the unit in various ways. VJRC NCC has had a legacy of producing responsible, well-disciplined and successful citizens which proves the hard work that the unit puts as an organization for the betterment of its cadets to be successful in all walks of life. It is our continuous effort to build the overall personality of each cadet which will help them stand against all challenges in life and be a productive member of the society.

Extension Activities:

1. Celebration of International Mother Language Day: On 21.02.2019, NCC cadets along with other students, faculty members, Non-teaching staffs, and NSS Volunteers of Vijaygarh Jyotish Ray College paid homage to the martyrs of language movement “Bhasha Andolan” on the Martyr's Altar set up at college premises and participated in a rally showcasing the cultural heritage of Bengal and later on the same day Department of Bengali organized an inter-departmental cultural competition and distributed certificate of participation and merit.



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2. Combined Annual Training Camp: In NCC, Camp training is the practical manifestation of institutional training. The basic aim of Camps is to introduce cadets to a regimented way of life and helps in developing camaraderie, team work, leadership qualities, self-confidence, self-reliance and dignity of labor in the cadets. The cadets are exposed to the excitement of camp life where they apply the theoretical knowledge that they had gained in Institutional Training. In the session 2018-2019 62 NCC cadets guided by the Associate NCC Officer of Vijaygarh Jyotish Ray College participated in Combined annual training camp (CATC) organized by 39 Bengal (Bn) NCC (Parent Unit) and 6 NCC cadets of Vijaygarh Jyotish Ray College participated in CATC organized by 1 Bengal Bn NCC. The cadets were immensely benefited by the training and they participated in different competitions and won awards.

2.1. Combined Annual Training Camp X:

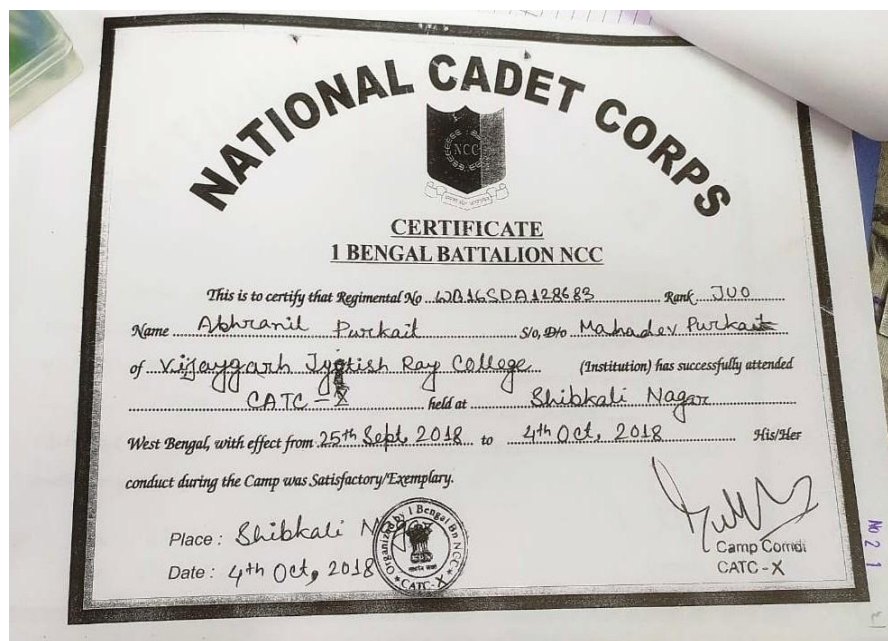
Organized by 1 Bengal Bn NCC

Camp Site: Shibkali Nagar

Date of Camp: 25.09.2018-04.09.2018

No. of Participants from VJRC: 6 NCC Cadets

Sample Participation Certificate:



2.2. Combined Annual Training Camp XIV:

Organized by 39 Bengal Bn NCC

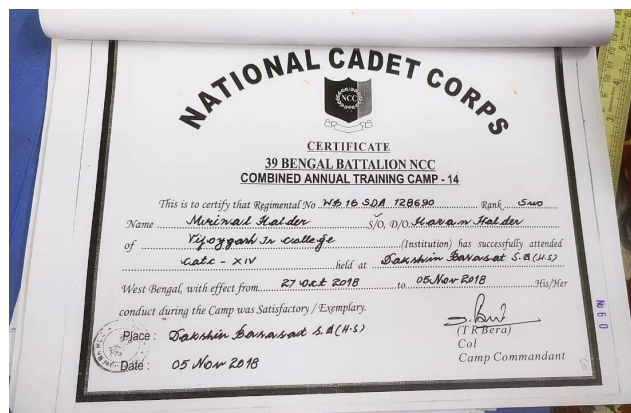
Camp Site: DakshinBarasat SA High School

Date of Camp: 27.10.2018-05.11.2018

No. of Participants from VJRC: 62 NCC Cadets

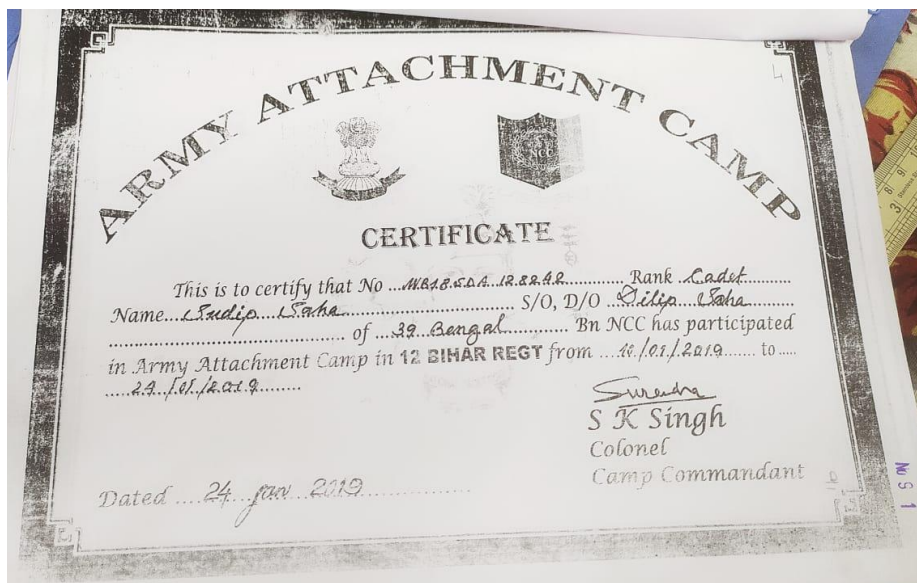
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Sample Participation Certificate:



3. NCC Army Attachment: Army Attachment Camp(AAC) is conducted by the NCC in collaboration with Indian Army, as the cadets are attached to the specific regiments. In this camp, the cadets are trained in the military tactics including day/night warfare and also get familiar with the weaponry. The Army Officials share their experience and hardships in work and how to tackle the situation in life, it motivates the cadets to choose their career in the Armed forces and serve the country. In the 2018-19 session, 10 cadets of VJRC NCC unit participated in an Army Attachment Camp organized by 12 Bihar Battalion at Salt Lake Kolkata on 10.01.2019-24.01.2019.

Sample Participation Certificate:



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4. Youth Day Rally:

Commemorating Swami Vivekananda's Birthday, National Youth Day is about reminiscing the works of Vivekananda and applying his philosophies into our own lives. Vivekananda's life and mission were an example to all, and his ideas are spread and discussed on National Youth Day. In 2018-19 session, 25 NCC cadets participated in Youth Day Rally on 12th January 2019 where ideas and principles of Swamiji were displayed for motivate the youth of this country



5. Mass Awareness Rally on Social Issues: A part of NCC training involves inculcating a sense of social responsibilities amongst the cadets. Participation in peaceful, energetic, passionate mass awareness rallies is a meaningful way for the community to unite and raise awareness about different social issues like prevention of child labour, anti-tobacco campaigns, prevention of female foeticide, prevention of child abuse, anti drug abuse campaigns etc. In session 2018-19, 36 cadets of VJRC-NCC unit participated in a mass awareness rally on 16.09.2018 for sensitizing society about prevention of child labour and child abuse.

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6. Participation in Blood Donation Camp: Voluntary blood donors are the cornerstone of a safe and adequate supply of blood and blood products. The safest blood donors are voluntary, non-remunerated blood donors from low-risk populations. In the 2018-19 session a total of 22 NCC cadets of VJRC participated as volunteer blood donors at blood donation camps organized at Swasthya Bhavan (1.10.2018), VJRC college campus (2.12.2018) and R.N. Tagore Hospital (3.04.2019) as partial fulfillment of their social responsibility.



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7. Road Safety Rally: This rally was aimed to develop NCC cadets as a national power, to make them think about development, in which road safety plays an important role. The objective of the rally was to bring the NCC cadets to the traffic road safety information to all the people. On 17.09.2018, 25 NCC cadets of VJRC NCC Unit participated in a road safety awareness rally that started from and ended at VJRC campus and went through the traffic busy roads around Bijoygarh and Ranikuthi area. At the rally, the NCC cadets were walking along holding road safety awareness placards in their hand. The cadets shouted out slogans about road safety. It was not only about two wheelers but also for the drivers who drive four wheelers. The students spread awareness about 'No Horn' not to keep high car lights on highways and more during the rally.



8. Volunteer at Health Checkup Camp: Under the guidance of their ANO, 16 NCC cadets served as volunteers and took care of arrangements, patient management and registration during the health check-up camp jointly organized by VJRC and its NSS unit on 21.1.2019.

9. Hearing Day Rally: "Check your hearing!" was the theme of this year's World Hearing Day 2019 which was observed on 3rd March 2019. The WHO will draw attention to the importance of early identification and intervention for hearing loss. The day was celebrated with awareness rallies for awareness of hearing loss and impairment. 24 cadets of VJRC NCC participated in a mass rally organized on this special day

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10. Dengue Awareness Rally: In collaboration with Kolkata Municipal Corporation, the NSS and NCC unit of VijaygarhJyotish Ray College participated in a dengue awareness rally. Close to 50 students, nurses, and workers involved in dengue prevention, took part in the rally. The rally started at the municipality office and proceeded in the inner areas in and around Bijoygarh and Jadavpur. Students carried placards highlighting the need to prevent stagnation of water, remove unwanted things around houses, cooperate with sanitary workers who approach residents to check on mosquito breeding sources and seek medical help at the nearest government hospital in case any family members suffer from fever.



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11. Cleanliness drives:NCC cadets' role in Swachh Bharat Abhiyan (Clean India Mission) is essential to make this campaign successful as it aims at bringing out behavioral changes in public and encouraging health practices, spreading awareness and strengthening the cleanliness systems. The National Cadet Corps has been a major part of the Swachh Bharat Mission initiative and the NCC Cadets have been carrying out these activities as part of social responsibility and community development. Clean India also brings about change in regard to investments by foreign country leading to economic development of our country and its growth. Also bringing a variety of sources of employment, reducing death rates and health costs and many more. In 2018-19 session following cleanliness drives were performed by NCC cadets of VJRC

S/L No	Type of Cleanliness Dive	Date	Number of Cadets involved
1	Cleaning and sanitization of Bijoygarh Hospital Campus	19.09.2018	38
2	Cleaning of Statues of Historical Personalities	20.09.2018, 21.09.2018	47
3	Cleaning and sanitization of Back alleys and roads around the college and college campus	23.09.2018	46
4	Cleaning of monuments	23.09.2018	18
5	Cleaning and sanitization of bus stand public parks	24.09.2018	35



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12. Celebrating International Day of Yoga: Yoga is a form of art and exercise which builds a connection between our body and mind. It is very effective for releasing anxiety and stress. It is often suggested to start practicing yoga from a young age so that the chances of having health ailments reduces in the older age. To create awareness, the United Nations took an initiative to celebrate International Yoga Day every year on 21st June. On 21.06.2018, 39 NCC cadets of VJRC participated in a Yoga Shivar organized on the college campus. The Head of the Institution and ANO of the college was also present on the occasion.

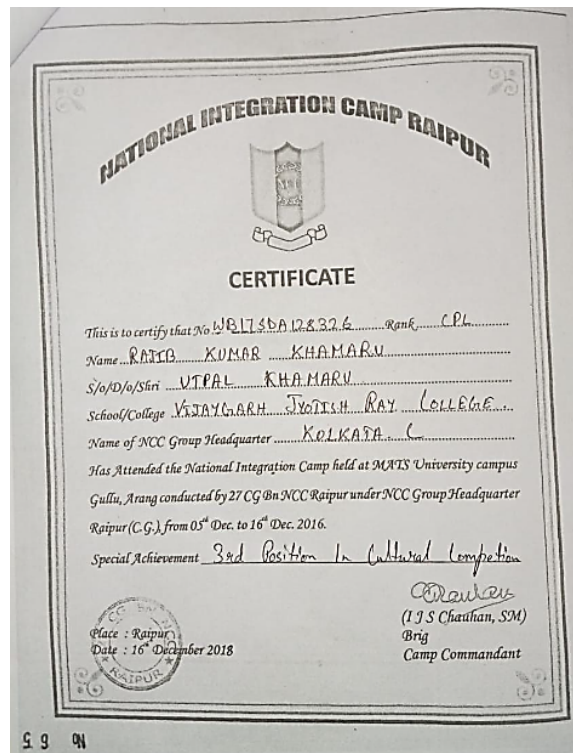
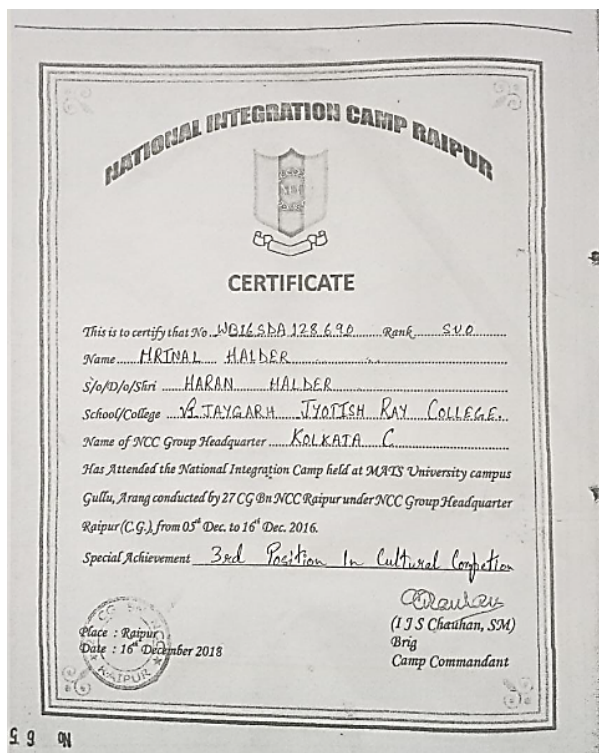
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12. Participation in NCC National Integration Camps: National Integration Camps by NCC are conducted to make cadets understand and value the rich heritage of cultures that forge unity despite the diverse languages, traditions and religions of our country. In 2018-19 session 4 cadets of VJRC NCC unit participated in “Ek Bharat Shreshtha Bharat” NIC camp organized by 1st Bengal Bn NCC at Panagarh, West Bengal on 1.10.2018-12.10.2018 and 7 cadets participated in National Integration Camp held at Raipur on 5.12.2018-16.12.2018.

Sample Certificate:

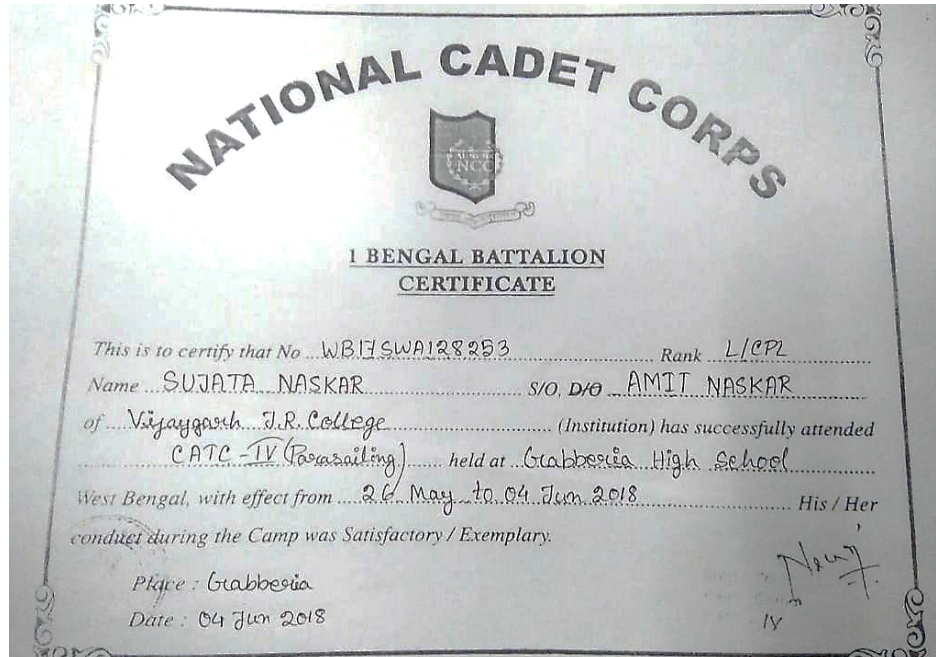


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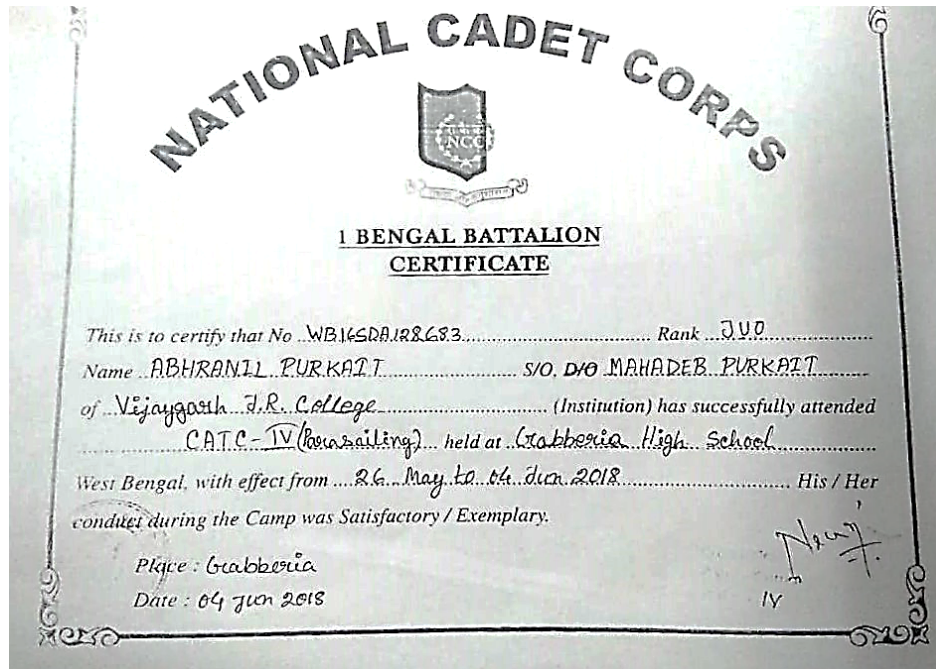
13. Parasailing Camp: In NCC parasailing camp NCC cadets are taught from basics of parachute sailing such as paddling until reaching the height of 5 feet above the ground, emergency landings during unfavorable wind direction, wearing the Harness, helmet, knee guard, elbow guard properly to technicalities such as differentiating various types of ropes used in parachute, pulling the break rope on their own under emergency landings, various precautions in various stages and the list just goes on. Cadets are first attached to the parachute with the help of an attachment called carabiner, then to the gypsy, the gypsy then tows the cadet opposite to the direction of Wind flow. As the cadet paddles, she is whisked off by the air jet. The feeling is exhilarating. The camp encompasses National Integration wherein it shows the true importance of team spirit to its cadets, as they all have to work in a team all throughout this camp, and make the very activity possible. In 2018-19 season 2 cadets of VJRC NCC unit participated in a parasailing camp organized on 26.05.2018-4.06.2018 at Gabbheria.

Sample Certificate:

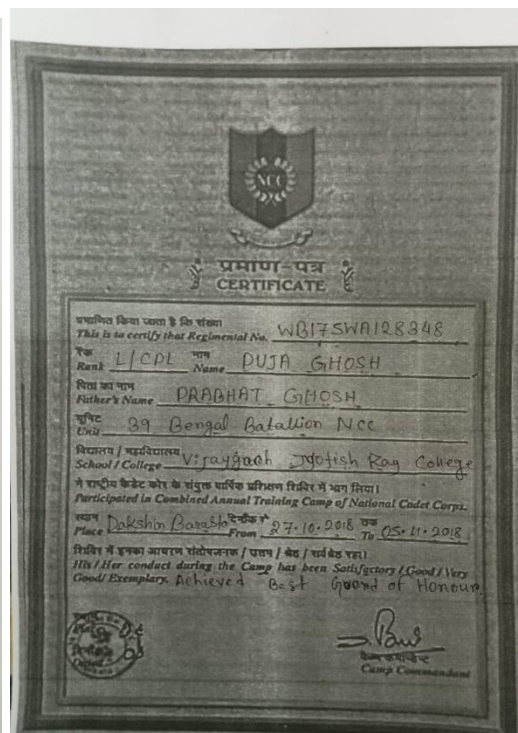


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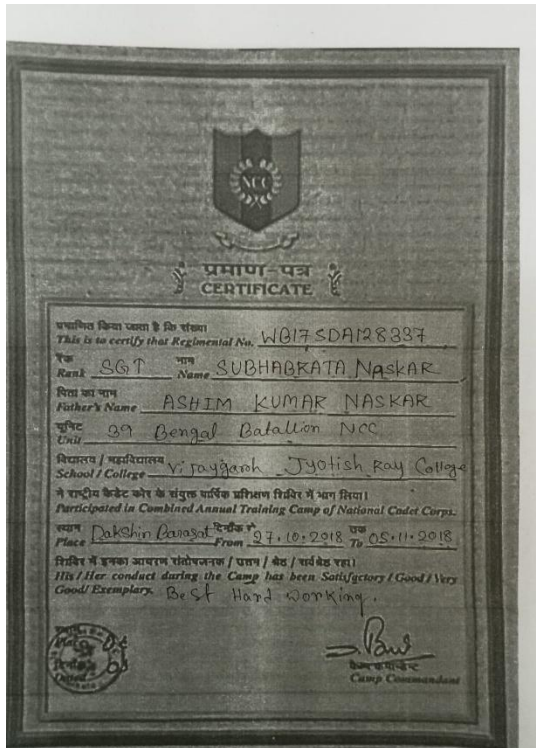


Awards Won by VJRC NCC Cadets in session 2018-19:



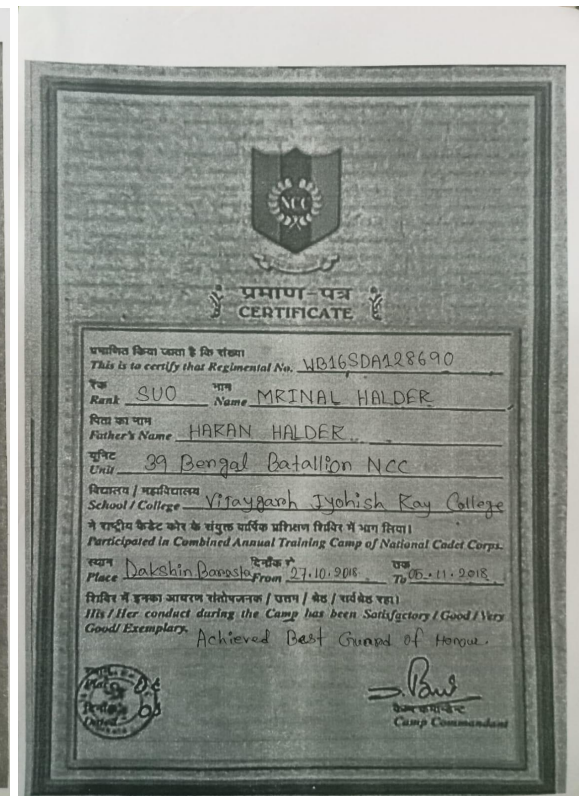
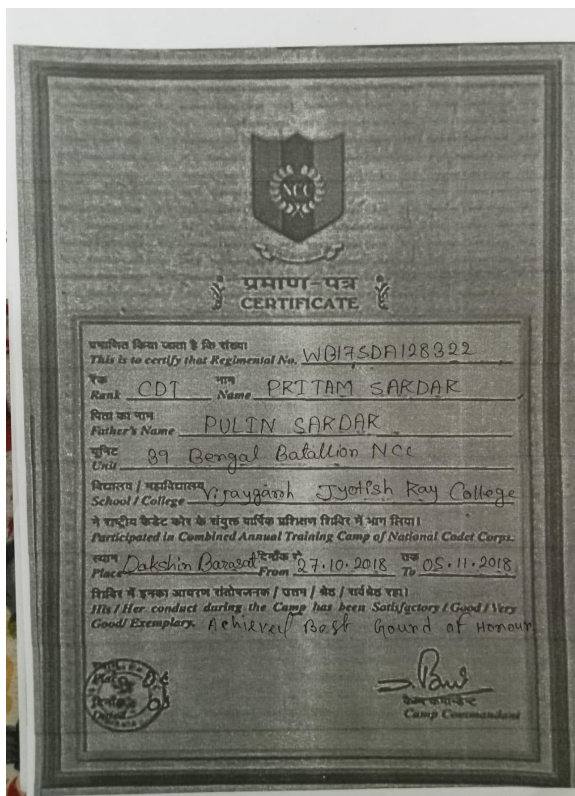
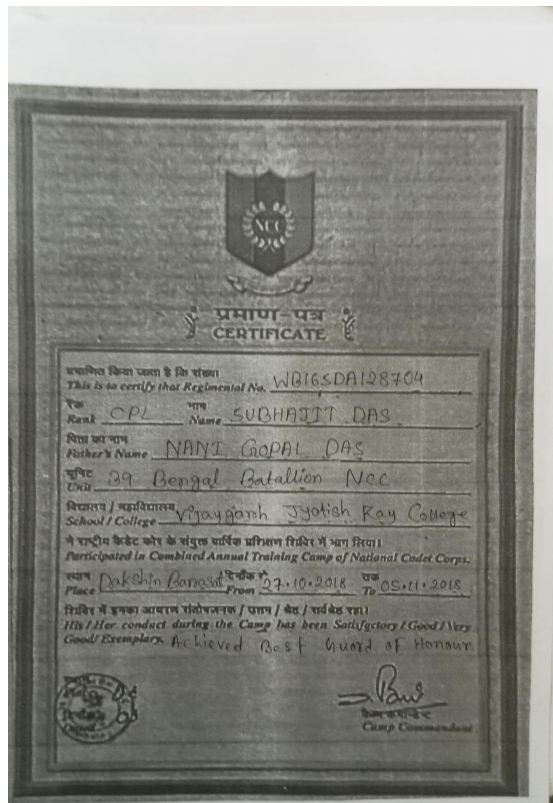
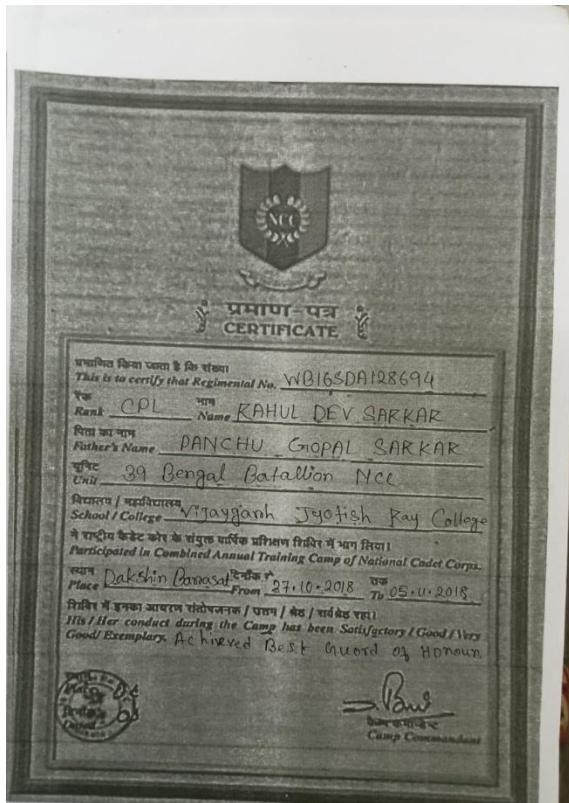
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